

**“Developing research capabilities” :
Workshop
New Zealand Association of Gerontology /
Age Concern Conference, Wellington,
October 7-9, 2009**

Chair

Sally Keeling
NZiRA/IPS, Victoria University of
Wellington

Workshop panellists:

**Nishanie Pereira, (Information
Management, VUW)**

**Karen Hayman, (General Practice,
Population Health, Univ of
Auckland)**

**Isobel Munro, (Gender Studies,
VUW)**

Invitation to panellists

- Defining your scope of research interest – from conception to design
- Exploring questions and methods
- Seeking engagement and support – from organisations, advisers and peers
- Barriers and breakthroughs in your research journey so far
- Next steps.....

2003, 2005, 2007 : Previous symposia

Gerontology associations and researchers have found that “traditional” single discipline approaches available within the home institutions of graduate students benefit from a focus on ageing as a collaborative and multidisciplinary field of academic enquiry.

This workshop is therefore deliberately designed to build effective collegial networks, and to explore wider questions relating research work to its potential “end-users” in public, private and community sector organizations.

Effective use of ICTs in voluntary sector organizations.

Nishanie Pereira

Supervisors

Professor Miriam Lips

Professor Rowena Cullen

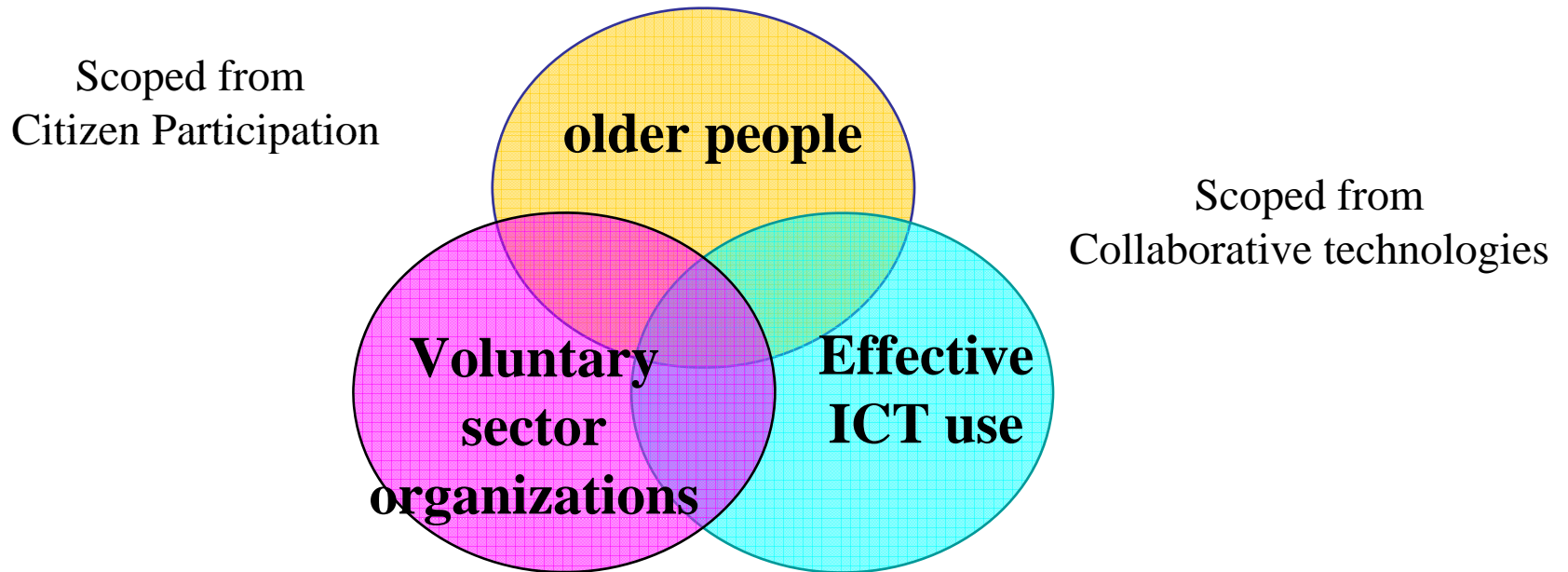
School of Information Management

VICTORIA UNIVERSITY OF WELLINGTON
Te Whare Wananga o te Upoko o te Ika a Maui



Scoping the field and generating research questions

How **can** voluntary sector organizations make effective use of ICTs in order to support service provision for older people living in the community ?



Scoped
from e- Governance

VICTORIA UNIVERSITY OF WELLINGTON
Te Whare Wananga o te Upoko o te Ika a Maui



Advice, Supervision , Support and Mentoring.

- The importance of an analogy.



- A supportive network.

– Supervisors/mentor/ external partnerships - volunteer/ a group of people with similar interests / family/friends

- Maintain a positive frame of mind.

-Learned Optimism: : Martin Seligman



Resilience: What does it mean in advanced age?

Karen Hayman

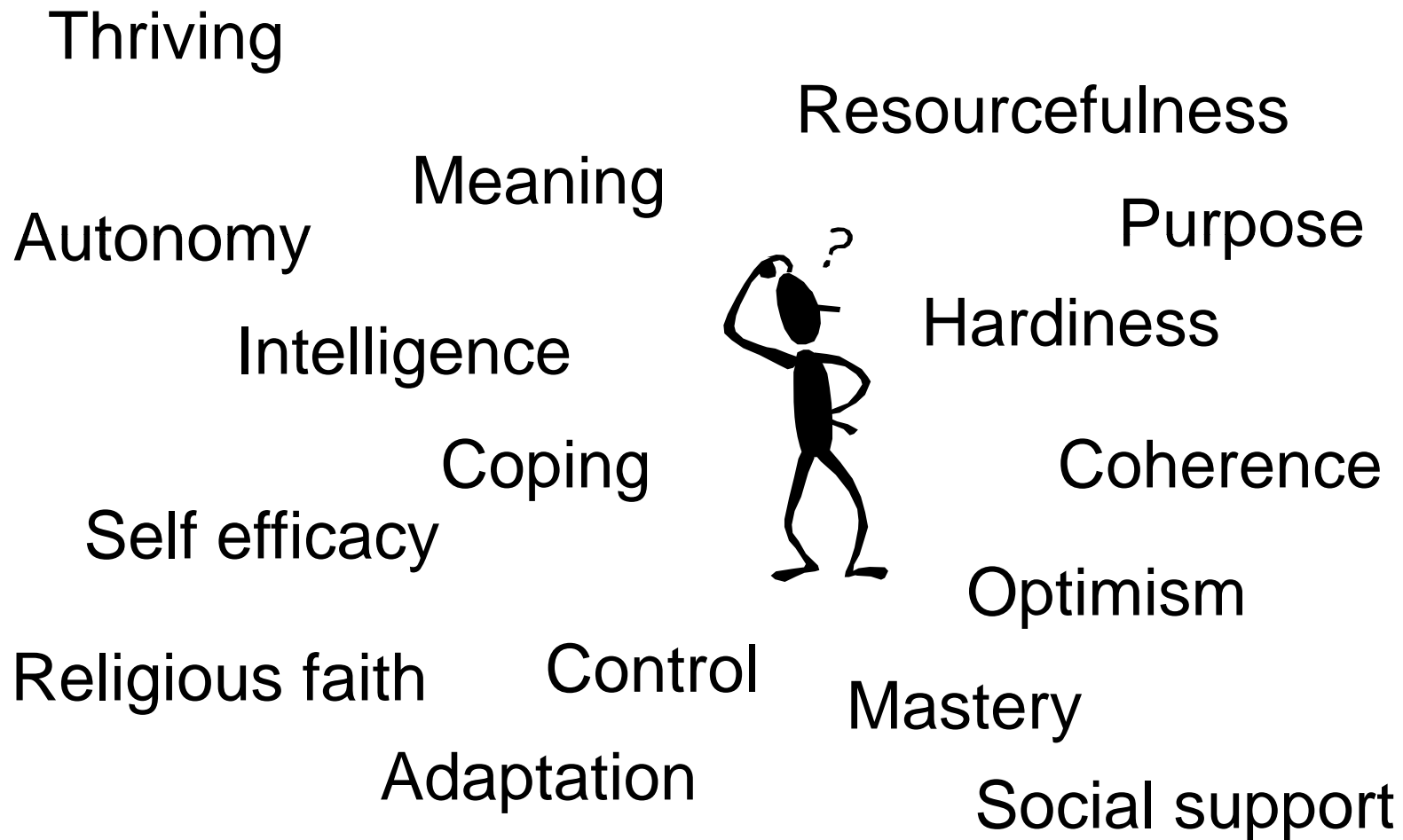
General Practice and Primary Health Care

University of Auckland

for NZAG Conference, Wellington 2009

“... both the capacity to be bent without breaking and the capacity, once bent, to spring back.”

(Goldstein, 1997)



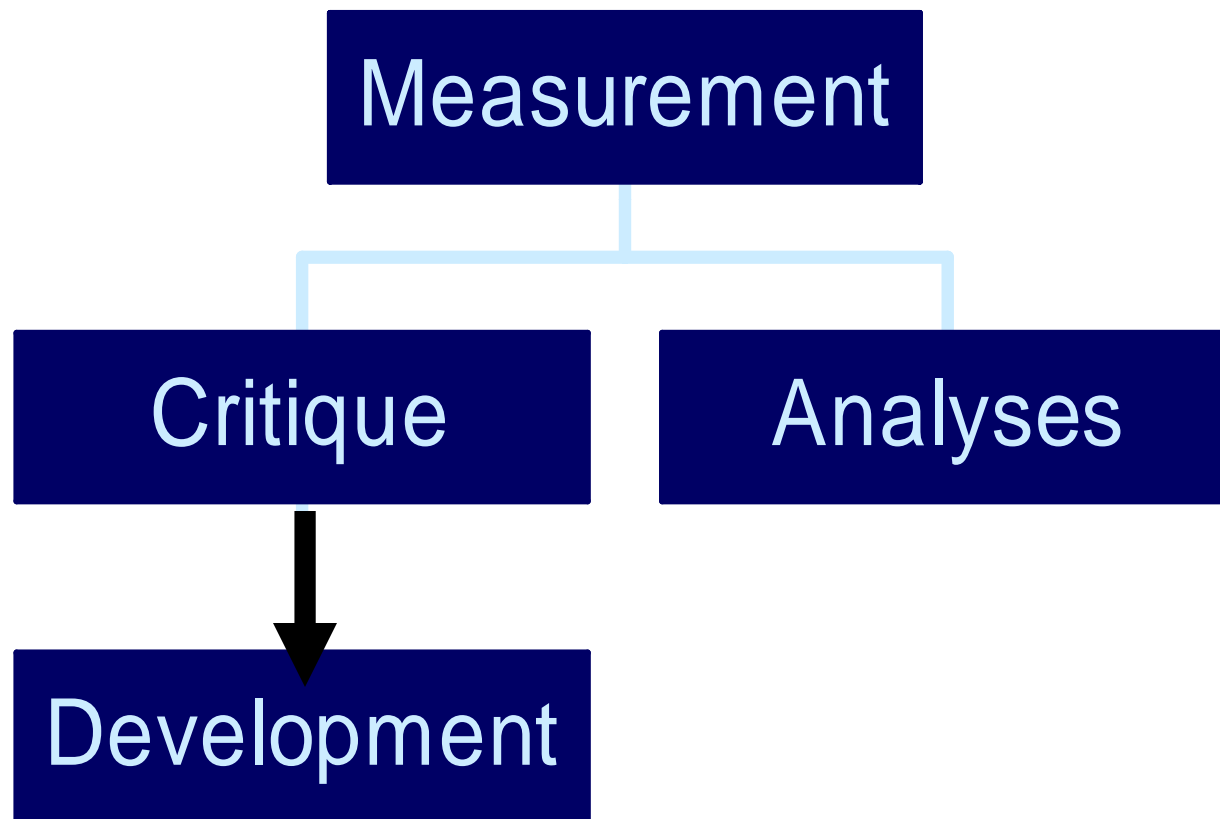
Research...

- Resilient children
- Resilient adults

Study design

- LILAC study
 - New Zealand
 - 1150 people in advanced old age
 - Comprehensive: QOL, health, economic, social, psychological, physiological, environment, lifestyle, activity, culture
 - Longitudinal

PhD: the question is...



A Feminist Journey

Isobel Munro

Research from

Concept to

Design to

Implementation

Phase 1

- The global notion
- Refining and focussing
- Finding the generic question
- Linkages
- A working title

Phase 2

Methodology and method

- Making design decisions
- What were my resources?
- What else did I need?

Phase 3

Barriers and solutions

- Collegial
- Environmental
- Personal

- How far have I come?

Summary

- Shared maps for different pathways
- “Nothing so practical as a good theory!”
- “Creative visualization”
- Choose your metaphors carefully
- Make time to enjoy the people you’ll meet along the way.....